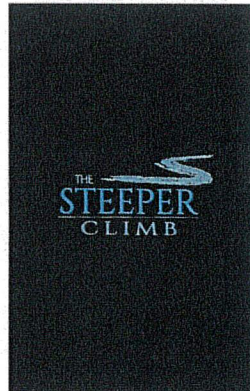




Goal Setting & Bullet Journaling Youth Workshop

Facilitator: Nancy MacLeod
Who: Ages 12-14 and/or 15-17
Where: Health Center
When: October 3, 2024
Time: 5:00pm - 6:30pm

Supper provided & door prizes to be won!



Participants who attend will receive a bullet journal. They will be provided with support and guidance to develop their own bullet journal which will be for writing goals, organizing tasks, documenting feelings and planning.

Participants will also be provided with a keychain that contains the QR code for The Steeper Climb YouTube channel. It provides access to short videos on internet safety, healthy living, and personal growth & development.

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